

MOVING ON

Guidance for young people in transitions with Special Educational Needs and Learning Disabilities and their families in Lincolnshire

"Transitions" means:

- Getting ready for the future
- Becoming an adult
- Things changing in your life
- New rights and choices to make
- What happens between ages 14 to 25
- Talking about where you want to live, friends, relationships, jobs and good health

14 years

People will talk to you about what you want to do when you leave school:

- You will have a **Year 9 Annual Review** meeting at school which will look at your future hopes and plans.
- A **One Page Profile** can help you with thinking about what is important, both to you and for you. It also helps others to understand what support you need. You can create a **person centred plan** which you can bring to your meeting. **Circles of Support** can help you to write these.
- If you have an **Education Health and Care (EHC) Plan** then it will also be reviewed at this meeting. They should talk to you about your health, further education, friends and relationships, where you want to live when you become an adult and what type of job you would like in the future. This information must be recorded and put into your EHC plan.
- If you don't have an EHC Plan; the transitions pathway can be used to help you plan for the future.
- Your parents/carers can ask for a carer's assessment which will help them to think about their own needs and support they might need to continue caring.
- If you are a 'Young Carer' you might need support, information and/or advice. You can get information and advice from Lincolnshire Young Carers Service or the Care and Wellbeing Hub. This should be recorded at your review or in your EHC Plan if you have one.
- The plan must be shared with you. Your information must also be discussed at every annual review and any changes made if it is needed. You can ask for a copy of the plan/pathway.
- You can have a health action plan which talks about what support you need with your health. You have a say on what is important to you but your doctor, nurse or other health professional will also have a say. This can be shared with other professionals if you say it is okay to do so. Talk to your GP or other health professional about having an annual health check. .

Who will be at your Year 9 Review?

- You and your parents or carers.
- There may be a **SEND Caseworker** at your review if you have an EHC Plan.
- If you want someone to help you speak at the meeting instead of your parent/carer you can also have an **Advocate** or someone from **Liaise - Independent Advice and Support Service** or an **Independent Supporter**.
- Someone from school who knows you well must attend.
- You or the school can invite other people who are important in your life. It could be anyone who works with you or supports you, for example, a **Speech and Language Therapist**, a **Nurse** or **Social Worker**.

- **Circles of Support** can help you to prepare for your Year 9 review. They can help with writing a person centred plan which you can ask to be shared with your EHC plan or Transitions Pathway.
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15 Years:

- You will have a **Year 10 Annual Review** at school to keep planning for your future.
- You should have assistance with looking at what you want to do **Post 16**.
- Your **EHC Plan or Transitions Pathway** should be reviewed.
- They should be talking to you about **work experience** in the community if this is possible.
- Skills for **independent living** should be introduced, for example **Independent Travel Training** and **money skills**.

Who will be at your Year 10 Review?

- You, your parents or carers and your school teacher will be there. Other people who are important in your life can also attend.
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16 Years:

- At this Annual Review, you can have a **Post 16 SEND Caseworker** who will help you to think about your options. They will talk to you about going to College, Sixth Form or whether you wish to leave school and start working or training.
- Your EHC Plan or Transitions Pathway should also be reviewed at this meeting.
- Due to changes in the law; you will make your own decisions about your future but can get support from your parent/carer or advocate if needed.
- Opportunity for Independent Travel Training continues.
- You can find out about benefits, entitlements and changes. Your parent/carer or someone else can assist with your finances by applying to be an **'Appointee'** with **Department of Work and Pensions**. They can help you to open a bank account.
- They should talk to you about any equipment (**Assistive Technology**) you might need to support you if you are moving to College or Sixth Form.

Who will be at your Year 11 Annual Review?

- You and your parents or carers and someone from school.

- You could have a **Post 16 SEND caseworker** or anyone else who supports you with your Education Health and Care Plan or Transitions Pathway.
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17 Years

Planning for the big changes to come, what will happen with your education?

- If you are still at school, you will have a **Year 12 Annual Review**. Your EHC plan will also be reviewed at this time.
- If you are in College or Sixth Form with an EHC Plan, it will be reviewed.
- Changes in the law say that you can have a **Transitions Assessment** to make sure you have the right support in place when you become an adult. If you have an EHC Plan then this information can be a part of that plan. This assessment does not only talk about your needs but also looks at what support your carers might need. (**Adult Care would be completing this assessment if and when it is appropriate**)
- If you are likely to need services from Adult Social Care then you will require an assessment from the **Intake Team** when it is appropriate.
- Transitions pathway can be used and reviewed for anyone without an EHC Plan.
- Any opportunity for **supported employment, internship, apprenticeships or job coaching** should be discussed. You can get help or advice **from YPLP Young People's Learning Provision**.
- You must seek advice about any changes to the way you receive your benefits and find out if you are entitled to other benefits when you are 18.
- You should have a bank account in your own name when you turn 18.

Who will be at your Year 12 Review?

- You and your parents/carers.
 - Someone from the school or college you are attending.
 - You may have an **Adult Social Care worker** from the **Intake Team**.
 - A **Post 16 SEND Caseworker** may also attend or anyone else who supports you in planning for the future.
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18 Years

Becoming an Adult, this is a time for big changes for everyone:

You might be leaving school and going to college, university or getting a job.

What will happen with your Education?

- If you are still at school, you will have a **Year 13 Annual Review**. Your EHC Plan or Transitions Pathway will be reviewed.
- If you are at College with an EHC Plan it will also be reviewed annually.
- If you go to University then your EHC Plan will no longer be in place.
- If you have any healthcare needs, they will be transferred from Children to Adult Healthcare Services.
- You should have an annual health check. Speak to a nurse or your GP about this.
- If you had support or services as a young carer, you will need to have had a discussion around the transition and preparation for transfer to Young Adult Carer Services. For more information contact **Carers First**.

Who will be at your Year 13 Review?

- You, and your parents or carers.
 - Someone from the school or college you are attending.
 - You can have anyone else who supports you at this meeting and that can include a **SEND Caseworker, Adult Social Care or Health Professional**.
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19 to 25 Years:

- When you are 19, if you are still at school you will have a **Year 14 Annual Review**.
- Your EHC Plan or Transitions Pathway will be reviewed. If you are not going to continue with education then your EHC plan will end. You will not automatically have an EHC Plan up to 25 years of age.
- If it is agreed that you will go to College or any other further education service (not including University), then your plan may continue but will be reviewed yearly.
- You might be considering where you want to live, opportunities for supported living.
- You should have a better idea of jobs you can do whether it is paid or volunteering.
- If you have had an EHC Plan then any social care needs you have will continue to be provided until Adult Care completes their assessment and their services are in place.
- Circles of Support can assist you with having a plan for the future. They can help you to look at ways of keeping a friendship circle, independent living or any other goals you would like to achieve.

Who will be at your Year 14 Review?

- You and your parents or carers.
 - Someone from the school or further education service you are attending.
 - You may have a **Post 16 SEND Caseworker** or some other professional who is working with you including **Health** or **Social Care**.
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USEFUL ORGANISATIONS AND WEBSITES:

Care and Wellbeing Hub – For information on all adult services including Adult Social Care and Carer services including Young Adult Carers.-

Tel: 01522 782224 (Carers Services) 01522 782155 (Adult Care)

Carers First – Community Based Services for those who provide unpaid care/support to family member or friend including those with an illness, mental health or disability.

Email: Lincsadmin@carersfirst.org.uk Care and Wellbeing Hub: 01522 782224

Children Social Care - Customer Service Centre

Tel: 01522 782111

Circles of Support – Project Lead – Emma Rogers

Tel: 07857625792

Email: rogers1emma@sky.com

Core Assets – Independent Supporters working with families through EHC assessment and transfer process - 0800 028 8455

Email: lsreferrals@coreassets.com.

Website: www.coreassets.com/whatwedo/independent-supportservice

Healthwatch Lincolnshire helps people in Lincolnshire to get the best out of their health and social care services - 01205 820892

Email: info@healthwatchlincolnshire.gov.uk

Housing and Support Alliance - **now called Learning Disability England** –Offers information and advice to families/factsheets looking at housing options for people with learning disabilities. Membership offers direct support in the process.

Website: www.housingandsupport.org.uk

Independent Travel Trainers Lincolnshire – 01522 782020 and ask for ITT Passenger Transport Unit in Crown House.
Website: www.lincolnshire.gov.uk/maxrespect Email: ITT@lincolnshire.gov.uk

Kooth Online – Offers free online counselling services to children and young people ages 11-25.

Website: www.kooth.com

Liaise – SEND Information Advice and Support in Lincolnshire

Tel: 0800 195 1635

Email: liaise@lincolnshire.gov.uk

Local Offer Website – Services for young people and families with SEND in Lincolnshire offering information, advice and Guidance.

Website: www.lincolnshire.gov.uk/sendlocaloffer

National Citizen Service – Offers opportunities to young people age 15-17 up to age 25 (for those with additional learning need) including skills for life and getting involved in the community.

Website: NCSEM1.ORG.UK

Telephone: 01522 754101

Preparing for Adulthood – Information Resources for families

Email: info@preparingforadulthood.org.uk

Website: www.preparingforadulthood.org.uk

Young People's Learning Provision and Promoting Employment

Tel: 01522 527928

Email: Sarah.Bell@lincolnshire.gov.uk

Promoting Independence Project – Margaret Reader

A project for young people with complex needs considering supported living

Tel: 07824894094

Email: Margaret.Reader@lincolnshire.gov.uk

SEND (Special Educational Needs and Disabilities) Team

Tel: 01522 553332

Total Voice/VoiceAbility – Advocacy Hub for children, young people and adults.

Tel: 01529 400479

Website: www.totalvoicelincolnshire.org

Teen Info Lincs – Information and Advice for young people in Lincolnshire

Website: www.teeninfoincs.co.uk

Together for Short Lives – Organisation funded by Department for Education – provides information and advice for children, young people with life limiting conditions and their families www.togetherforshortlives.org.uk

Transitions Quality Development Officer – Children Services

Tel: 07557172815

Email: Elita.Cozens@lincolnshire.gov.uk

Transitions Website – Easy Read website for young people with SEND in Lincolnshire

Website: www.lincolnshire.gov.uk/transitions

Young Carers Assessment Services – For information on young carers assessments and referrals. .Email: youngcarers@lincolnshire.gov.uk