A Circle of Support is a committed and informal group of people who meet regularly, aided by a network to help someone achieve their personal goals in life. The “Circle” acts as a natural support network around that person, and this “focus person” is in control in deciding who to invite to join the “Circle” and where to direct the “Circle’s” energy.

The “Circle” can be made up of quite a mix of people including parents, family members, neighbours, friends and professionals, in fact anyone who wishes and is prepared to be included. They are involved because they care enough about the focus person to give their time and energy to help that person overcome obstacles and barriers, in order to increase choices open to them.

If you would like to know more or would like help to form a circle for a relative or friend contact:

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